



### PRACTICE COMPASSION WITH YOUR CHILD

- Be patient and have empathy during their academic and emotional experiences.
- Model self-help skills to promote independence.

### HELP YOUR CHILD MAINTAIN A SCHEDULE

- Establish a daily routine and have student materials accessible.
- Set weekly goals and celebrate accomplishments.



### DEDICATE A SPACE IN YOUR HOME FOR SCHOOL WORK

- Identify a consistent quiet space in your home where your child can sit and learn.
- Encourage your child to use headphones to enhance concentration.

### ASK YOUR CHILD ABOUT WHAT THEY ARE LEARNING

- Engage in conversations about their social, emotional and academic progress.
- Assess progress, address learning challenges, and build on strengths.



### READ WITH YOUR CHILD AND TELL FAMILY STORIES



- Read a book in your family's home language to build academic practice.
- Share family stories to help enhance identity and self-esteem.

### WRITE ABOUT YOUR EXPERIENCES AT HOME

- Have your child start a journal to share thoughts and emotions during their new school experiences.
- Write together in your family's home language as a self-reflection tool.

